

## CORONAVIRUS (COVID 19) – RISK ASSESSMENT – GALMINGTON DRAGONS

This risk assessment applies to all training sessions and matches that take place on public grass or artificial surfaces at leisure facilities including any schools or community-based pitches as well as official league sanctioned venues. Training sessions must not take place indoors including small-sided football games or futsal.

**Date of risk assessment:** 28<sup>th</sup> July 2020

**Review Date:** Ongoing as and when updated guidance is issued by The FA and/or Government

What are the hazards?	RAG Status before control measures	Who might be harmed and how?	What are you already doing?	Do you need to do anything else to control this risk?	Action by?	Action by?	RAG Status after control measures
Exposure to COVID-19 through training / playing		Manager/ Coach/ Players	<ul style="list-style-type: none"> <li>Manager must confirm with each player at commencement of training and/or match that player is free of Covid-19 symptoms and that they are permitted to attend.</li> <li>Manager/Coach to take register of all attendees to training sessions and/or matches.</li> <li>Each session/match will begin and end with 20 seconds handwashing using player's own alcohol based handwash.</li> <li>Participants are to provide their own named water bottles and hand sanitiser. These should be placed where marked out by coach and remain 2m apart from another individual's items.</li> <li>Manager is to monitor and ensure all officials and players hand sanitising takes place before and after training/matches and during any scheduled breaks.</li> <li>Teams can train with up to groups of no more than 30 (coaches included).</li> <li>Social distancing of 2m (or 1m+) at all times before and after training sessions/matches and during breaks.</li> <li>During warm-ups and cool down participants should adhere to social distancing as above.</li> <li>Ball use should be only used with feet and reduced touching of balls/equipment.</li> <li>Players to have own bib/football shirt, bibs must not be shared once distributed at beginning of training/match.</li> <li>Management and Substitutes should adhere to social distancing as above.</li> <li>There should be regular breaks during Training Sessions/Matches to reduce the risk of transmission.</li> <li>Participants are not to engage with pre- or post-match handshake</li> <li>Limit amount of time spent in training on 'in-game' scenarios to avoid close proximity and physical contact.</li> <li>Participants are not to spit or chew gum and will be reminded</li> </ul>	<p>Managers must have confirmed consent from parent that player can play/train under current Covid-19 secure risk assessment. This can be through Teamer/Paper. Contact details MUST be available if required for club or NHS Test &amp; Trace purposes.</p> <p>Ensure receipt of consent from parents agreeing to their child/ren attending training/matches under guidance of this risk assessment.</p> <p>The Manager/Coach will brief players prior to any training session/match to reiterate the importance of adhering to social distancing before, after and during breaks. The coach will remind players throughout the session/match that if there are incidents of purposely breaking the social distancing rules before, after sessions/matches and in breaks; the player will be told to sit out of training/match and parents/carers asked to take them home and ensure full understanding. If there are incidents of players purposely breaking the rules against spitting and raising voice/shouting; the player will be told to sit out of training/match and parents/carers asked to take them home and ensure full understanding. Any parents/spectators purposely breaking the social distancing rule will be asked to leave.</p> <p>Allocate responsibility to Manager/Coach to take in all bibs/tops at end of session, store in plastic bag and immediately wash for next session.</p>	Manager /Coach	Ongoing	Yellow

			<ul style="list-style-type: none"> <li>Participants are to endeavour to not raise their voices or shout to limit risk of transmission of droplets.</li> <li>Participants are not to celebrate goals in close proximity to others.</li> <li>Participants are to arrive at training sessions/matches in clean training/match day clothes.</li> <li>Any removed clothes should be in participants own plastic named bag and kept 2 metres apart from any others</li> <li>Spectators are to adhere to social distancing measures and should not be in groups larger than 6.</li> </ul>				
<b>Travel to and from Training</b>		All participants	<ul style="list-style-type: none"> <li>Where possible parents should drop their children off and leave area until the session has finished by waiting in their cars OR maintain separate social distancing 'gatherings' of no more than 6 people</li> <li>Players should only share a car with people from their own household.</li> <li>Individuals including Managers/Coaches must not offer transport for those outside of their own household or support bubble.</li> </ul>	Managers to inform parents via email that they are not able to offer lifts to any player/coach under any circumstances	Manager	Ongoing	
<b>VENUE SPECIFIC</b> Exposure to COVID-19 During entry and exit to training and match venues		Managers Coaches All Participants	<ul style="list-style-type: none"> <li>All participants must arrive no earlier than 5 minutes before designated training time.</li> <li>All participants must leave training facilities immediately at the end of the training session</li> <li>2m rule social distancing rule must be observed when entering and leaving training and/or matches</li> <li>Coaches to wear hi visibility jackets to ensure no overcrowding of car parking areas. E.g.: Galmington Park, Blagdon Hill</li> <li>Agree start and finish times with opposition/referees/parents/players</li> <li>Ensure access available for emergency vehicles</li> </ul>	Contact 3 <sup>rd</sup> party venues to obtain copy of Covid-19 secure risk assessment and instruct Managers/Players on any special venue specific arrangements	Manager	Ongoing	
Transmission of COVID-19 from touching equipment		Managers Coaches Players	<ul style="list-style-type: none"> <li>Equipment used during the session will be minimal to avoid transmission.</li> <li>Any cones or other equipment used will be set out and collected in by the coach removing the need for participants to touch equipment with their hands.</li> <li>All equipment used must be wiped down/sprayed with disinfectant cleaner before and after the training session/match and in breaks (when required) – this includes all goalposts, corner flags poles, balls, and cones.</li> <li>All participants and coach should avoid where practical, picking up the ball.</li> <li>Non-participants should refrain from picking up the ball</li> <li>When thrown ins are to be taken the ball must be sanitised prior to being thrown in.</li> <li>If goalkeeping practice or matches are undertaken, the goalkeeper must wear goalkeeper gloves when handling the ball and these should be sanitised before and after</li> </ul>	Only Managers/Coaches must disinfect all equipment, including goals, flags, cones, and balls.  Coach will remind all participants of the need to avoid touching/picking up the ball. Any persistent instances of touching the ball the player(s) will be told to sit out of training/matches and parents asked to take home and ensure full understanding.  All Teams to be provided with Covid-19 cleaning kit and should include disinfectant spray/wipes, gloves, hand sanitiser and bin bags.  No waste must be left at any facility, the manager should conduct a sweep of the area to ensure all waste has been removed.	Manager	Ongoing	

			<p>sessions/matches, and during breaks.</p> <ul style="list-style-type: none"> <li>• All waste including used cleaning materials, PPE, empty drinks bottles, food wrappers etc must be placed in a plastic bag and disposed of in appropriate waste bin.</li> <li>• Payments should be made cashless to referee where possible</li> </ul>	<p>Keep up to date with Government and FA Guidance</p> <p><a href="#">LINK</a></p>			
Suspected case of Covid-19 during training/matches		All participants	<ul style="list-style-type: none"> <li>• If anyone becomes unwell with a new, continuous cough or a high temperature, or loss of taste or smell they must be sent home and advised to follow the <a href="#">COVID-19: guidance for households with possible coronavirus infection guidance</a>.</li> <li>• PPE should be worn by any adult caring for the player while they await collection if 2 metres cannot be maintained such as an injury.</li> <li>• In an emergency call 999 if they are seriously ill or injured or their life is at risk. Do not visit the GP, pharmacy, urgent care centre or a hospital.</li> <li>• If a player develops symptoms compatible with coronavirus, they should be sent home and advised to Self-isolate for 10 days. Further information regarding treatment and or the need to request a test is available from 111 or NHS website. <a href="#">LINK</a></li> <li>• Other household members should self-isolate for 14 days, until the result of a Covid-19 test is available. Where a player or coach tests negative, they can return to training and the fellow household members can end their self-isolation.</li> <li>• Where a player or coach tests positive and social distancing has not been adhered to during training/match so that there has been contact (within 2metres for 15mins or more), the rest of the team will be advised to self-isolate for 14 days. The other household members of the team /participants do not need to self-isolate unless they develop symptoms.</li> </ul>	<p>Keep up to date with Government and FA Guidance</p> <p>If a coach / player tests positive the Manager should contact a member of Exco to determine if any further actions that need to be taken.</p>	Manager	Ongoing	
Transmitting or coming into contact with COVID-19 when administering first aid		All Participants	<ul style="list-style-type: none"> <li>• First aid is to be administered by the Participant or Parent/Carer in first instance with supervision by coach remaining 2m (1m+) unless situation is life-threatening or limb-threatening.</li> <li>• First aid can only be administered in severe circumstances by the coaches and only if the parents /player agree. All PPE to be worn as required.</li> <li>• Club to provide all Teams with appropriate PPE (safety glasses/goggles, aprons, masks, CPR face shields).</li> </ul>	<p>Club to ask all parents/carers of Participants aged 12 and under to attend all training sessions/matches (unless express permission is given due to unforeseen circumstances – not to be regular occurrence). Coaches will make dynamic risk assessments if there are any injuries weighing up the risk of harm if untreated with the risk of transmitting Covid-19</p> <p>All age groups to be supplied with Covid-19 kit to be kept with First Aid Bag (1 x 500ml sanitiser, disinfectant wipes, 2 x surgical masks)</p>	Manager /Coach Parents/ Players	Ongoing	
Poor Communication means that Participants do not follow the Guidance		All participants	<ul style="list-style-type: none"> <li>• The Club will provide all documents including this risk assessment to all managers for them to forward to their parents.</li> <li>• Each Participant (parent/carer) is required to sign and submit the Club's COVID Declaration Form along with prior to each training session/match confirmation (by Teamer, email etc) to the Manager they consent to comply with club rules and risk assessment &amp; self-screening.</li> <li>• Each player to sign Player Code of Conduct Form</li> </ul>	<p>Use Teamer/Paper to register players at training and match participation</p> <p>Parents to respond to Teamer/Paper for consent to abide by Covid-19 secure risk assessment</p> <p>Parents to respond to Teamer for regular agreement to Covid19 self-declaration</p>	Manager /Coaches /Parents	Ongoing	

#### SUMMARY OF KEY POINTS:

- Everyone should self-assess for COVID-19 symptoms before every training session or match. If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not participate or attend
- Clubs and facility providers should ensure that their facility is compliant with current Government legislation and guidance related to COVID-19
- Competitive training is now permitted, with groups limited to a **maximum** of 30 people, including coaches
- Competitive match play is permitted, with social distancing in place before and after the match, and in any breaks in play
- Participants and officials must sanitize hands before and after a game as well as at scheduled breaks throughout a game or training session
- Ball handling should be kept to a minimum with most contact via a boot and the ball disinfected in breaks of play
- All Managers & Coaches should limit persistent close proximity of participants during match play and training
- Goal celebrations should be avoided
- Equipment should not be shared, and goalkeepers should ensure they disinfect their gloves regularly in breaks in training or matches and thoroughly afterwards.
- ONLY Managers & coaches should handle and clean equipment in training and matches
- Where possible, players, coaches and officials should arrive changed and shower at home. Use of changing and shower facilities should be avoided and if used must follow government advice on the use of indoor facilities
- Managers/Coaches must not offer lifts to anyone other than people from their own household or support bubble.
- Managers must keep a record of attendees at a match or training session, including contact details, to support NHS Test and Trace.

FOR the latest update from the FA regarding the resumption of grassroots football on 18 July 2020: <http://www.thefa.com/news/2020/jul/17/grassroots-guidance-for-competitive-football-restart-in-england-170720>